



20. Sonnenwendlauf 2010  
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Tempel, Karin

Club: VS Leipzig  
Number: 131

Course: 15.00 km  
15,0 km Lauf

Category:  
Frauen W45

Total time: 1:24:40

Speed: 10.63 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 102 (of 121)

Rank in course/Women: 23 (of 36)

Best time in course: 57:39

Rank in category: 7(of 10)

Best time in the category: 1:03:41