



20. Sonnenwendlauf 2010
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Morche, Uwe

Club: LRC Mittelsachsen
Number: 56

Course: 15.00 km
15,0 km Lauf

Category:
Männer M30

Total time: 1:25:30

Speed: 10.53 km/h
Running performance: 5:42 min/km

Rank in course/Total: 103 (of 121)

Rank in course/Men: 80 (of 85)

Best time in course: 53:17

Rank in category: 10(of 10)

Best time in the category: 53:17