



20. Sonnenwendlauf 2010
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Külow, Dr. Volker

Club: VS Leipzig
Number: 132

Course: 15.00 km
15,0 km Lauf

Category:
Männer M50

Total time: 1:26:12

Speed: 10.44 km/h
Running performance: 5:45 min/km

Rank in course/Total: 104 (of 121)

Rank in course/Men: 81 (of 85)

Best time in course: 53:17

Rank in category: 13(of 13)

Best time in the category: 56:51