



20. Sonnenwendlauf 2010
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Urbansky, Frank

Club: 1. FSC Halle
Number: 81

Course: 15.00 km
15,0 km Lauf

Category:
Männer M45

Total time: 1:27:04

Speed: 10.34 km/h
Running performance: 5:48 min/km

Rank in course/Total: 106 (of 121)

Rank in course/Men: 82 (of 85)

Best time in course: 53:17

Rank in category: 18(of 18)

Best time in the category: 57:05