



20. Sonnenwendlauf 2010
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Glöckner, Wolfgang

Club: LV Limbach 2000

Number: 313

Course: 10.00 km

10,0 km Lauf

Category:

Männer M70

Total time: 48:19

Speed: 12.42 km/h

Running performance: 4:50 min/km

Rank in course/Total: 7 (of 35)

Rank in course/Men: 7 (of 27)

Best time in course: 40:48

Rank in category: 1(of 9)

Best time in the category: 48:19