



20. Sonnenwendlauf 2010  
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

**Springer, Andreas**

Club: LG Leipzig-Grünau  
Number: 326

Course: 10.00 km  
10,0 km Lauf

Category:  
Männer M60

Total time: 48:27

Speed: 12.38 km/h  
Running performance: 4:50 min/km

Rank in course/Total: 8 (of 35)

Rank in course/Men: 8 (of 27)

Best time in course: 40:48

Rank in category: 2(of 5)

Best time in the category: 40:48