



20. Sonnenwendlauf 2010
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Henning, Dirk

Club: LG eXa e.V.

Number: 37

Course: 15.00 km

15,0 km Lauf

Category:

Männer M35

Total time: 56:08

Speed: 16.03 km/h

Running performance: 3:44 min/km

Rank in course/Total: 6 (of 121)

Rank in course/Men: 6 (of 85)

Best time in course: 53:17

Rank in category: 1(of 10)

Best time in the category: 56:08