



20. Sonnenwendlauf 2010
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Siefke, Martin

Club: MEDICA-Team Leipzig
Number: 73

Course: 15.00 km
15,0 km Lauf

Category:
Männer M20

Total time: 56:57

Speed: 15.80 km/h
Running performance: 3:48 min/km

Rank in course/Total: 8 (of 121)

Rank in course/Men: 8 (of 85)

Best time in course: 53:17

Rank in category: 2(of 9)

Best time in the category: 55:18