



20. Sonnenwendlauf 2010  
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Schlieder, Jörg

Club: LC Auensee Leipzig  
Number: 19

Course: 15.00 km  
15,0 km Lauf

Category:  
Männer M35

Total time: 59:17

Speed: 15.18 km/h  
Running performance: 3:57 min/km

Rank in course/Total: 18 (of 121)

Rank in course/Men: 17 (of 85)

Best time in course: 53:17

Rank in category: 4(of 10)

Best time in the category: 56:08