



20. Sonnenwendlauf 2010  
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Opitz, Wilfried

Club: BSV AOK  
Number: 324

Course: 10.00 km  
10,0 km Lauf

Category:  
Männer M70

Total time: 59:42

Speed: 10.05 km/h  
Running performance: 5:58 min/km

Rank in course/Total: 24 (of 35)

Rank in course/Men: 20 (of 27)

Best time in course: 40:48

Rank in category: 5(of 9)

Best time in the category: 48:19