



20. Sonnenwendlauf 2010  
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Hempel, Bärbel

Club: ESV Lok Döbeln  
Number: 36

Course: 15.00 km  
15,0 km Lauf

Category:  
Frauen W45

Total time: 1:03:41

Speed: 14.13 km/h  
Running performance: 4:15 min/km

Rank in course/Total: 34 (of 121)

Rank in course/Women: 3 (of 36)

Best time in course: 57:39

Rank in category: 1(of 10)

Best time in the category: 1:03:41