



# 12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

## Detailed evaluation

Kyffhäuserbergschnecken

Total time: 15:09:20

Number: 40

Speed: 11.28 km/h

Running performance: 5:19 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 144 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 29(of 66)

Mixstaffel

Best time in the category: 11:43:48

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Cat.	Total	Total				Cat.	Cat.	Total	Total
Grumbach	17.20	1:37:12	5:39	58	29:40	192	35:47	17.20	1:37:12	5:39	62	12:52	218	35:25
Schildwiese	20.10	1:33:29	4:39	29	20:22	103	29:14	37.30	3:10:41	5:06	62	24:50	218	1:01:25
Neuhaus/ Gewerl	15.50	1:22:33	5:19	17	17:52	79	22:10	52.80	4:33:14	5:10	62	11:11	218	1:22:25
Triniusstein	21.60	1:53:59	5:16	39	35:22	146	39:55	74.40	6:27:13	5:12	62		218	2:00:36
Allzunah	15.00	1:16:07	5:04	31	17:41	140	27:49	89.40	7:43:20	5:10	62		218	2:28:25
Grenzadler	19.80	1:39:15	5:00	33	25:12	113	30:00	109.20	9:22:35	5:09	62		218	2:53:05
Nesselberg	13.80	1:06:52	4:50	4	6:44	63	18:14	123.00	10:29:27	5:07	62		218	3:10:59
Kleiner Inselsber	13.90	1:23:34	6:00	49	27:43	183	32:22	136.90	11:53:01	5:12	62		218	3:43:21
Hohe Sonne	19.70	1:41:01	5:07	36	28:24	140	35:17	156.60	13:34:02	5:11	62		218	4:15:58
Hörschel	14.70	1:35:18	6:28	57	32:24	200	45:50	171.30	15:09:20	5:18	29	3:25:32	144	5:01:48