



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Sportteam-STEINBACH Meiningen

Total time: 12:28:13

Number: 16

Speed: 13.71 km/h

Running performance: 4:22 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 15 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 3(of 66)

Mixstaffel

Best time in the category: 11:43:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:11:20	4:08	3	3:48	22	9:55	17.20	1:11:20	4:08	49		218	9:33
Schildwiese	20.10	1:13:07	3:38	1	-	8	8:52	37.30	2:24:27	3:52	49		218	15:11
Neuhaus/ Gewerl	15.50	1:20:58	5:13	12	16:17	71	20:35	52.80	3:45:25	4:16	49		218	34:36
Triniusstein	21.60	1:24:57	3:55	4	6:20	13	10:53	74.40	5:10:22	4:10	49		218	43:45
Allzunah	15.00	1:09:49	4:39	12	11:23	76	21:31	89.40	6:20:11	4:15	49		218	1:05:16
Grenzadler	19.80	1:17:13	3:53	2	3:10	7	7:58	109.20	7:37:24	4:11	49		218	1:07:54
Nesselberg	13.80	1:10:17	5:05	11	10:09	87	21:39	123.00	8:47:41	4:17	49		218	1:29:13
Kleiner Inselsber	13.90	1:15:19	5:25	27	19:28	119	24:07	136.90	10:03:00	4:24	49		218	1:53:20
Hohe Sonne	19.70	1:15:57	3:51	3	3:20	13	10:13	156.60	11:18:57	4:20	49		218	2:00:53
Hörschel	14.70	1:09:16	4:42	7	6:22	45	19:48	171.30	12:28:13	4:22	3	44:25	15	2:20:41