



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Stetzerbecher Läufer

Total time: 15:18:26

Number: 32

Speed: 11.17 km/h

Running performance: 5:22 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 153 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 33(of 66)

Mixstaffel

Best time in the category: 11:43:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:34:05	5:28	53	26:33	184	32:40	17.20	1:34:05	5:28	66	9:45	218	32:18
Schildwiese	20.10	1:37:34	4:51	41	24:27	132	33:19	37.30	3:11:39	5:08	66	25:48	218	1:02:23
Neuhaus/ Gewerl	15.50	1:39:18	6:24	52	34:37	185	38:55	52.80	4:50:57	5:30	66	28:54	218	1:40:08
Triniusstein	21.60	1:39:54	4:37	17	21:17	64	25:50	74.40	6:30:51	5:15	66	1:14	218	2:04:14
Allzunah	15.00	1:20:33	5:22	42	22:07	170	32:15	89.40	7:51:24	5:16	66		218	2:36:29
Grenzadler	19.80	1:33:08	4:42	20	19:05	58	23:53	109.20	9:24:32	5:10	66		167	2:55:02
Nesselberg	13.80	1:35:19	6:54	64	35:11	213	46:41	123.00	10:59:51	5:21	66		218	3:41:23
Kleiner Inselsber	13.90	1:19:22	5:42	35	23:31	148	28:10	136.90	12:19:13	5:23	66		218	4:09:33
Hohe Sonne	19.70	1:33:54	4:45	22	21:17	92	28:10	156.60	13:53:07	5:19	66		218	4:35:03
Hörschel	14.70	1:25:19	5:48	31	22:25	154	35:51	171.30	15:18:26	5:21	33	3:34:38	153	5:10:54