



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Wartburg-Sparkasse

Total time: 14:26:55

Number: 166

Speed: 11.84 km/h

Running performance: 5:04 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 101 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 78(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:21:38	4:44	66	20:13	93	20:13	17.20	1:21:38	4:44	78	19:51	119	19:51
Schildwiese	20.10	1:33:06	4:37	69	28:51	98	28:51	37.30	2:54:44	4:41	78	45:28	119	45:28
Neuhaus/ Gewerl	15.50	1:23:41	5:23	66	23:18	86	23:18	52.80	4:18:25	4:53	78	1:07:36	119	1:07:36
Triniusstein	21.60	1:49:50	5:05	94	35:46	128	35:46	74.40	6:08:15	4:56	78	1:41:38	119	1:41:38
Allzunah	15.00	1:12:50	4:51	79	24:32	106	24:32	89.40	7:21:05	4:56	78	2:06:10	119	2:06:10
Grenzadler	19.80	1:35:25	4:49	50	26:10	76	26:10	109.20	8:56:30	4:54	78	2:27:00	119	2:27:00
Nesselberg	13.80	1:15:18	5:27	111	26:40	143	26:40	123.00	10:11:48	4:58	78	2:53:20	119	2:53:20
Kleiner Inselsber	13.90	1:20:30	5:47	115	29:18	161	29:18	136.90	11:32:18	5:03	78	3:22:38	119	3:22:38
Hohe Sonne	19.70	1:36:36	4:54	80	30:52	110	30:52	156.60	13:08:54	5:02	78	3:50:50	119	3:50:50
Hörschel	14.70	1:18:01	5:18	84	28:33	105	28:33	171.30	14:26:55	5:03	78	4:19:23	101	4:19:23