



12. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Lauffeuer Fröttstädt

Total time: 14:27:17

Number: 185

Speed: 11.83 km/h

Running performance: 5:04 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 102 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 79(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:12:21	4:12	24	10:56	28	10:56	17.20	1:12:21	4:12	79	10:34	120	10:34
Schildwiese	20.10	1:44:13	5:11	112	39:58	165	39:58	37.30	2:56:34	4:44	79	47:18	120	47:18
Neuhaus/ Gewerl	15.50	1:25:10	5:29	77	24:47	98	24:47	52.80	4:21:44	4:57	79	1:10:55	120	1:10:55
Triniusstein	21.60	1:47:12	4:57	82	33:08	112	33:08	74.40	6:08:56	4:57	79	1:42:19	120	1:42:19
Allzunah	15.00	1:18:11	5:12	119	29:53	159	29:53	89.40	7:27:07	5:00	79	2:12:12	120	2:12:12
Grenzadler	19.80	1:31:16	4:36	29	22:01	45	22:01	109.20	8:58:23	4:55	79	2:28:53	120	2:28:53
Nesselberg	13.80	1:06:26	4:48	53	17:48	58	17:48	123.00	10:04:49	4:55	79	2:46:21	120	2:46:21
Kleiner Inselsber	13.90	1:17:24	5:34	105	26:12	140	26:12	136.90	11:22:13	4:58	79	3:12:33	120	3:12:33
Hohe Sonne	19.70	1:30:55	4:36	46	25:11	63	25:11	156.60	12:53:08	4:56	79	3:35:04	120	3:35:04
Hörschel	14.70	1:34:09	6:24	130	44:41	191	44:41	171.30	14:27:17	5:03	79	4:19:45	102	4:19:45