



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Sport Center Suhl II

Total time: 14:28:25

Number: 205

Speed: 11.81 km/h

Running performance: 5:04 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 104 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 81(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:17:33	4:30	42	16:08	55	16:08	17.20	1:17:33	4:30	81	15:46	124	15:46
Schildwiese	20.10	1:35:52	4:46	79	31:37	114	31:37	37.30	2:53:25	4:38	81	44:09	124	44:09
Neuhaus/ Gewerl	15.50	1:36:51	6:14	120	36:28	174	36:28	52.80	4:30:16	5:07	81	1:19:27	124	1:19:27
Triniusstein	21.60	1:40:00	4:37	47	25:56	65	25:56	74.40	6:10:16	4:58	81	1:43:39	124	1:43:39
Allzunah	15.00	1:14:03	4:56	90	25:45	119	25:45	89.40	7:24:19	4:58	81	2:09:24	124	2:09:24
Grenzadler	19.80	1:47:18	5:25	115	38:03	162	38:03	109.20	9:11:37	5:03	81	2:42:07	124	2:42:07
Nesselberg	13.80	1:03:20	4:35	32	14:42	34	14:42	123.00	10:14:57	4:59	81	2:56:29	124	2:56:29
Kleiner Inselsber	13.90	1:22:43	5:57	122	31:31	176	31:31	136.90	11:37:40	5:05	81	3:28:00	124	3:28:00
Hohe Sonne	19.70	1:40:11	5:05	95	34:27	134	34:27	156.60	13:17:51	5:05	81	3:59:47	124	3:59:47
Hörschel	14.70	1:10:34	4:48	41	21:06	51	21:06	171.30	14:28:25	5:04	81	4:20:53	104	4:20:53