



# 12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

## Detailed evaluation

weishaupt

Total time: 14:29:04

Number: 180

Speed: 11.81 km/h

Running performance: 5:04 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 105 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 82(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:24:09	4:53	89	22:44	124	22:44	17.20	1:24:09	4:53	82	22:22	125	22:22
Schildwiese	20.10	1:48:28	5:23	125	44:13	183	44:13	37.30	3:12:37	5:09	82	1:03:21	125	1:03:21
Neuhaus/ Gewerl	15.50	1:19:57	5:09	53	19:34	64	19:34	52.80	4:32:34	5:09	82	1:21:45	125	1:21:45
Triniusstein	21.60	1:40:40	4:39	49	26:36	67	26:36	74.40	6:13:14	5:00	82	1:46:37	125	1:46:37
Allzunah	15.00	1:16:09	5:04	108	27:51	142	27:51	89.40	7:29:23	5:01	82	2:14:28	125	2:14:28
Grenzadler	19.80	1:39:27	5:01	80	30:12	115	30:12	109.20	9:08:50	5:01	82	2:39:20	125	2:39:20
Nesselberg	13.80	1:18:54	5:43	121	30:16	164	30:16	123.00	10:27:44	5:06	82	3:09:16	125	3:09:16
Kleiner Inselsber	13.90	1:18:30	5:38	108	27:18	146	27:18	136.90	11:46:14	5:09	82	3:36:34	125	3:36:34
Hohe Sonne	19.70	1:18:05	3:57	11	12:21	14	12:21	156.60	13:04:19	5:00	82	3:46:15	125	3:46:15
Hörschel	14.70	1:24:45	5:45	114	35:17	148	35:17	171.30	14:29:04	5:04	82	4:21:32	105	4:21:32