



# 12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

## Detailed evaluation

Alpinkater

Total time: 14:30:19

Number: 137

Speed: 11.79 km/h

Running performance: 5:05 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 106 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 83(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:27:54	5:06	108	26:29	151	26:29	17.20	1:27:54	5:06	83	26:07	126	26:07
Schildwiese	20.10	1:20:07	3:59	12	15:52	18	15:52	37.30	2:48:01	4:30	83	38:45	126	38:45
Neuhaus/ Gewerl	15.50	1:16:50	4:57	44	16:27	53	16:27	52.80	4:04:51	4:38	83	54:02	126	54:02
Triniusstein	21.60	1:52:30	5:12	103	38:26	142	38:26	74.40	5:57:21	4:48	83	1:30:44	126	1:30:44
Allzunah	15.00	1:14:49	4:59	96	26:31	127	26:31	89.40	7:12:10	4:50	83	1:57:15	126	1:57:15
Grenzadler	19.80	1:41:00	5:06	87	31:45	127	31:45	109.20	8:53:10	4:52	83	2:23:40	126	2:23:40
Nesselberg	13.80	1:08:52	4:59	68	20:14	76	20:14	123.00	10:02:02	4:53	83	2:43:34	126	2:43:34
Kleiner Inselsber	13.90	1:23:05	5:58	123	31:53	178	31:53	136.90	11:25:07	5:00	83	3:15:27	126	3:15:27
Hohe Sonne	19.70	1:35:53	4:52	78	30:09	107	30:09	156.60	13:01:00	4:59	83	3:42:56	126	3:42:56
Hörschel	14.70	1:29:19	6:04	122	39:51	175	39:51	171.30	14:30:19	5:04	83	4:22:47	106	4:22:47