



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

E.ON Thüringer Energie I

Total time: 14:34:15

Number: 106

Speed: 11.74 km/h

Running performance: 5:06 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 112 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 87(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:21:05	4:42	62	19:40	86	19:40	17.20	1:21:05	4:42	87	19:18	131	19:18
Schildwiese	20.10	1:47:49	5:21	122	43:34	180	43:34	37.30	3:08:54	5:03	87	59:38	131	59:38
Neuhaus/ Gewerl	15.50	1:20:26	5:11	58	20:03	70	20:03	52.80	4:29:20	5:06	87	1:18:31	131	1:18:31
Triniusstein	21.60	1:49:03	5:02	91	34:59	123	34:59	74.40	6:18:23	5:05	87	1:51:46	131	1:51:46
Allzunah	15.00	1:09:19	4:37	61	21:01	72	21:01	89.40	7:27:42	5:00	87	2:12:47	131	2:12:47
Grenzadler	19.80	1:37:33	4:55	61	28:18	93	28:18	109.20	9:05:15	4:59	87	2:35:45	131	2:35:45
Nesselberg	13.80	1:11:45	5:11	87	23:07	107	23:07	123.00	10:17:00	5:00	87	2:58:32	131	2:58:32
Kleiner Inselsber	13.90	1:17:23	5:34	104	26:11	139	26:11	136.90	11:34:23	5:04	87	3:24:43	131	3:24:43
Hohe Sonne	19.70	1:40:38	5:06	97	34:54	137	34:54	156.60	13:15:01	5:04	87	3:56:57	131	3:56:57
Hörschel	14.70	1:19:14	5:23	92	29:46	115	29:46	171.30	14:34:15	5:06	87	4:26:43	112	4:26:43