



# 12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

## Detailed evaluation

Nu Pagadi

Total time: 14:35:19

Number: 187

Speed: 11.72 km/h

Running performance: 5:07 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 113 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 88(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:31:39	5:19	121	30:14	173	30:14	17.20	1:31:39	5:19	88	29:52	132	29:52
Schildwiese	20.10	1:36:54	4:49	86	32:39	125	32:39	37.30	3:08:33	5:03	88	59:17	132	59:17
Neuhaus/ Gewerl	15.50	1:28:45	5:43	94	28:22	127	28:22	52.80	4:37:18	5:15	88	1:26:29	132	1:26:29
Triniusstein	21.60	1:47:30	4:58	83	33:26	113	33:26	74.40	6:24:48	5:10	88	1:58:11	132	1:58:11
Allzunah	15.00	1:13:49	4:55	87	25:31	116	25:31	89.40	7:38:37	5:07	88	2:23:42	132	2:23:42
Grenzadler	19.80	1:46:50	5:23	112	37:35	159	37:35	109.20	9:25:27	5:10	88	2:55:57	132	2:55:57
Nesselberg	13.80	1:10:05	5:04	73	21:27	85	21:27	123.00	10:35:32	5:10	88	3:17:04	132	3:17:04
Kleiner Inselsber	13.90	1:11:04	5:06	67	19:52	79	19:52	136.90	11:46:36	5:09	88	3:36:56	132	3:36:56
Hohe Sonne	19.70	1:31:02	4:37	47	25:18	64	25:18	156.60	13:17:38	5:05	88	3:59:34	132	3:59:34
Hörschel	14.70	1:17:41	5:17	83	28:13	103	28:13	171.30	14:35:19	5:06	88	4:27:47	113	4:27:47