



# 12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

## Detailed evaluation

sc im.puls erfurt II

Number: 20

Course: 171.30 km  
Blankenstein-Hörschel

Category:  
Mixstaffel

Total time: 15:36:36

Speed: 10.95 km/h

Running performance: 5:28 min/km

Rank in course: 166 (of 217)

Best time in course: 10:07:32

Rank in category: 41(of 66)

Best time in the category: 11:43:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:25:51	4:59	36	18:19	142	24:26	17.20	1:25:51	4:59	11	1:31	218	24:04
Schildwiese	20.10	1:42:28	5:05	46	29:21	158	38:13	37.30	3:08:19	5:02	11	22:28	218	59:03
Neuhaus/ Gewerl	15.50	1:27:17	5:37	29	22:36	115	26:54	52.80	4:35:36	5:13	11	13:33	218	1:24:47
Triniusstein	21.60	1:55:22	5:20	43	36:45	154	41:18	74.40	6:30:58	5:15	11	1:21	218	2:04:21
Allzunah	15.00	1:20:08	5:20	41	21:42	168	31:50	89.40	7:51:06	5:16	11		218	2:36:11
Grenzadler	19.80	1:52:58	5:42	49	38:55	183	43:43	109.20	9:44:04	5:20	11		218	3:14:34
Nesselberg	13.80	1:17:48	5:38	36	17:40	158	29:10	123.00	11:01:52	5:22	11		218	3:43:24
Kleiner Inselsber	13.90	1:20:48	5:48	40	24:57	164	29:36	136.90	12:22:40	5:25	11		218	4:13:00
Hohe Sonne	19.70	1:49:07	5:32	52	36:30	179	43:23	156.60	14:11:47	5:26	11	0:33	218	4:53:43
Hörschel	14.70	1:24:49	5:46	29	21:55	149	35:21	171.30	15:36:36	5:28	41	3:52:48	166	5:29:04