



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Holzland 10-er

Total time: 14:37:46

Number: 132

Speed: 11.69 km/h

Running performance: 5:07 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 116 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 91(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:21:36	4:44	65	20:11	92	20:11	17.20	1:21:36	4:44	91	19:49	137	19:49
Schildwiese	20.10	1:30:46	4:30	54	26:31	78	26:31	37.30	2:52:22	4:37	91	43:06	137	43:06
Neuhaus/ Gewerl	15.50	1:33:41	6:02	113	33:18	158	33:18	52.80	4:26:03	5:02	91	1:15:14	137	1:15:14
Triniusstein	21.60	1:46:06	4:54	74	32:02	102	32:02	74.40	6:12:09	5:00	91	1:45:32	137	1:45:32
Allzunah	15.00	1:13:51	4:55	89	25:33	118	25:33	89.40	7:26:00	4:59	91	2:11:05	137	2:11:05
Grenzadler	19.80	1:38:54	4:59	75	29:39	108	29:39	109.20	9:04:54	4:59	91	2:35:24	137	2:35:24
Nesselberg	13.80	1:11:26	5:10	85	22:48	102	22:48	123.00	10:16:20	5:00	91	2:57:52	137	2:57:52
Kleiner Inselsber	13.90	1:11:43	5:09	72	20:31	85	20:31	136.90	11:28:03	5:01	91	3:18:23	137	3:18:23
Hohe Sonne	19.70	1:41:31	5:09	102	35:47	145	35:47	156.60	13:09:34	5:02	91	3:51:30	137	3:51:30
Hörschel	14.70	1:28:12	6:00	120	38:44	171	38:44	171.30	14:37:46	5:07	91	4:30:14	116	4:30:14