



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Laufmasche Coburg

Total time: 14:44:33

Number: 58

Speed: 11.60 km/h

Running performance: 5:10 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 120 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 94(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:22:07	4:46	73	20:42	101	20:42	17.20	1:22:07	4:46	94	20:20	141	20:20
Schildwiese	20.10	1:34:30	4:42	78	30:15	111	30:15	37.30	2:56:37	4:44	94	47:21	141	47:21
Neuhaus/ Gewerl	15.50	1:30:54	5:51	104	30:31	141	30:31	52.80	4:27:31	5:03	94	1:16:42	141	1:16:42
Triniusstein	21.60	1:59:03	5:30	118	44:59	170	44:59	74.40	6:26:34	5:11	94	1:59:57	141	1:59:57
Allzunah	15.00	1:16:11	5:04	110	27:53	144	27:53	89.40	7:42:45	5:10	94	2:27:50	141	2:27:50
Grenzadler	19.80	1:45:02	5:18	107	35:47	152	35:47	109.20	9:27:47	5:11	94	2:58:17	141	2:58:17
Nesselberg	13.80	1:13:14	5:18	99	24:36	122	24:36	123.00	10:41:01	5:12	94	3:22:33	141	3:22:33
Kleiner Inselsber	13.90	1:10:45	5:05	65	19:33	76	19:33	136.90	11:51:46	5:11	94	3:42:06	141	3:42:06
Hohe Sonne	19.70	1:30:20	4:35	41	24:36	57	24:36	156.60	13:22:06	5:07	94	4:04:02	141	4:04:02
Hörschel	14.70	1:22:27	5:36	106	32:59	135	32:59	171.30	14:44:33	5:09	94	4:37:01	120	4:37:01