



# 12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

## Detailed evaluation

Aufbau Chili con Carne

Total time: 15:47:04

Number: 73

Speed: 10.83 km/h

Running performance: 5:32 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 171 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 43(of 66)

Mixstaffel

Best time in the category: 11:43:48

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Total	Behind Total	km	Time	min/km			Pos Total	Behind Total
Grumbach	17.20	1:23:44	4:52	32	16:12	119	22:19	17.20	1:23:44	4:52	9		218	21:57
Schildwiese	20.10	1:25:42	4:15	13	12:35	47	21:27	37.30	2:49:26	4:32	9	3:35	218	40:10
Neuhaus/ Gewerl	15.50	1:45:05	6:46	58	40:24	199	44:42	52.80	4:34:31	5:11	9	12:28	218	1:23:42
Triniusstein	21.60	1:56:23	5:23	45	37:46	163	42:19	74.40	6:30:54	5:15	9	1:17	179	2:04:17
Allzunah	15.00	1:23:30	5:33	49	25:04	183	35:12	89.40	7:54:24	5:18	9		218	2:39:29
Grenzadler	19.80	1:34:21	4:45	24	20:18	67	25:06	109.20	9:28:45	5:12	9		218	2:59:15
Nesselberg	13.80	1:26:54	6:17	54	26:46	199	38:16	123.00	10:55:39	5:19	9		218	3:37:11
Kleiner Inselsber	13.90	1:30:31	6:30	58	34:40	201	39:19	136.90	12:26:10	5:27	9		218	4:16:30
Hohe Sonne	19.70	1:37:49	4:57	29	25:12	114	32:05	156.60	14:03:59	5:23	9		218	4:45:55
Hörschel	14.70	1:43:05	7:00	63	40:11	212	53:37	171.30	15:47:04	5:31	43	4:03:16	171	5:39:32