



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Lauffreunde Gotha

Total time: 14:48:49

Number: 151

Speed: 11.54 km/h

Running performance: 5:11 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 125 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 98(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:16:46	4:27	38	15:21	51	15:21	17.20	1:16:46	4:27	98	14:59	146	14:59
Schildwiese	20.10	1:48:04	5:22	124	43:49	182	43:49	37.30	3:04:50	4:57	98	55:34	146	55:34
Neuhaus/ Gewerl	15.50	1:29:00	5:44	96	28:37	130	28:37	52.80	4:33:50	5:11	98	1:23:01	146	1:23:01
Triniusstein	21.60	2:01:49	5:38	125	47:45	183	47:45	74.40	6:35:39	5:19	98	2:09:02	146	2:09:02
Allzunah	15.00	1:27:54	5:51	133	39:36	201	39:36	89.40	8:03:33	5:24	98	2:48:38	146	2:48:38
Grenzadler	19.80	1:47:08	5:24	114	37:53	161	37:53	109.20	9:50:41	5:24	98	3:21:11	146	3:21:11
Nesselberg	13.80	1:04:18	4:39	39	15:40	42	15:40	123.00	10:54:59	5:19	98	3:36:31	146	3:36:31
Kleiner Inselsber	13.90	1:10:53	5:05	66	19:41	77	19:41	136.90	12:05:52	5:18	98	3:56:12	146	3:56:12
Hohe Sonne	19.70	1:24:22	4:16	20	18:38	29	18:38	156.60	13:30:14	5:10	98	4:12:10	146	4:12:10
Hörschel	14.70	1:18:35	5:20	88	29:07	110	29:07	171.30	14:48:49	5:11	98	4:41:17	125	4:41:17