



# 12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

## Detailed evaluation

Die Saaletaler

Number: 178

Course: 171.30 km  
Blankenstein-Hörschel

Category:  
Männerstaffel

Total time: 14:50:10

Speed: 11.53 km/h  
Running performance: 5:12 min/km

Rank in course: 126 (of 217)

Best time in course: 10:07:32

Rank in category: 99(of 139)

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:30:57	5:17	118	29:32	169	29:32	17.20	1:30:57	5:17	99	29:10	148	29:10
Schildwiese	20.10	1:37:39	4:51	88	33:24	133	33:24	37.30	3:08:36	5:03	99	59:20	148	59:20
Neuhaus/ Gewerl	15.50	1:33:15	6:00	112	32:52	154	32:52	52.80	4:41:51	5:20	99	1:31:02	148	1:31:02
Triniusstein	21.60	1:43:34	4:47	64	29:30	89	29:30	74.40	6:25:25	5:10	74	1:58:48	113	1:58:48
Allzunah	15.00	1:06:02	4:24	39	17:44	45	17:44	89.40	7:31:27	5:02	99	2:16:32	148	2:16:32
Grenzadler	19.80	1:24:42	4:16	14	15:27	23	15:27	109.20	8:56:09	4:54	99	2:26:39	148	2:26:39
Nesselberg	13.80	1:23:07	6:01	129	34:29	185	34:29	123.00	10:19:16	5:02	99	3:00:48	148	3:00:48
Kleiner Inselsber	13.90	1:11:23	5:08	69	20:11	81	20:11	136.90	11:30:39	5:02	99	3:20:59	148	3:20:59
Hohe Sonne	19.70	1:46:44	5:25	115	41:00	168	41:00	156.60	13:17:23	5:05	99	3:59:19	148	3:59:19
Hörschel	14.70	1:32:47	6:18	128	43:19	187	43:19	171.30	14:50:10	5:11	99	4:42:38	126	4:42:38