



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Steigerwaldgazellen

Total time: 15:50:52

Number: 70

Speed: 10.79 km/h

Running performance: 5:33 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 176 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 46(of 66)

Mixstaffel

Best time in the category: 11:43:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Total	Behind Total	km	Time			min/km	Pos Total	Behind Total
Grumbach	17.20	1:18:07	4:32	14	10:35	59	16:42	17.20	1:18:07	4:32	6		218	16:20
Schildwiese	20.10	1:34:02	4:40	31	20:55	107	29:47	37.30	2:52:09	4:36	6	6:18	218	42:53
Neuhaus/ Gewerl	15.50	1:36:36	6:13	47	31:55	172	36:13	52.80	4:28:45	5:05	6	6:42	218	1:17:56
Triniusstein	21.60	1:58:59	5:30	46	40:22	169	44:55	74.40	6:27:44	5:12	6		218	2:01:07
Allzunah	15.00	1:24:33	5:38	54	26:07	191	36:15	89.40	7:52:17	5:16	6		218	2:37:22
Grenzadler	19.80	1:59:25	6:01	55	45:22	198	50:10	109.20	9:51:42	5:25	6		218	3:22:12
Nesselberg	13.80	1:24:20	6:06	52	24:12	194	35:42	123.00	11:16:02	5:29	6	1:09	218	3:57:34
Kleiner Inselsber	13.90	1:14:55	5:23	25	19:04	115	23:43	136.90	12:30:57	5:29	6		218	4:21:17
Hohe Sonne	19.70	1:46:51	5:25	46	34:14	169	41:07	156.60	14:17:48	5:28	6	6:34	218	4:59:44
Hörschel	14.70	1:33:04	6:19	49	30:10	189	43:36	171.30	15:50:52	5:33	46	4:07:04	176	5:43:20