



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Killerbienen

Total time: 15:53:00

Number: 7

Speed: 10.77 km/h

Running performance: 5:34 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 179 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 6(of 12)

Frauenstaffel

Best time in the category: 13:40:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:42:06	5:56	8	27:30	204	40:41	17.20	1:42:06	5:56	6	23:15	218	40:19
Schildwiese	20.10	1:50:51	5:30	8	21:44	191	46:36	37.30	3:32:57	5:42	6	44:04	218	1:23:41
Neuhaus/ Gewerl	15.50	1:34:03	6:04	5	13:40	160	33:40	52.80	5:07:00	5:48	6	41:20	218	1:56:11
Triniusstein	21.60	1:56:09	5:22	6	24:23	161	42:05	74.40	7:03:09	5:41	6	1:05:43	218	2:36:32
Allzunah	15.00	1:28:30	5:54	10	21:46	203	40:12	89.40	8:31:39	5:43	6	1:27:29	218	3:16:44
Grenzadler	19.80	1:41:42	5:08	5	7:49	133	32:27	109.20	10:13:21	5:37	6	1:27:56	218	3:43:51
Nesselberg	13.80	1:13:27	5:19	4	9:02	124	24:49	123.00	11:26:48	5:35	6	1:35:47	218	4:08:20
Kleiner Inselsber	13.90	1:20:29	5:47	7	12:23	160	29:17	136.90	12:47:17	5:36	6	1:48:10	218	4:37:37
Hohe Sonne	19.70	1:43:09	5:14	7	16:53	154	37:25	156.60	14:30:26	5:33	6	1:56:48	218	5:12:22
Hörschel	14.70	1:22:34	5:37	6	15:17	136	33:06	171.30	15:53:00	5:33	6	2:12:05	179	5:45:28