



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Rhoener Knirpl Mix

Total time: 15:56:23

Number: 85

Speed: 10.73 km/h

Running performance: 5:35 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 183 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 49(of 66)

Mixstaffel

Best time in the category: 11:43:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:30:46	5:16	47	23:14	168	29:21	17.20	1:30:46	5:16	3	6:26	218	28:59
Schildwiese	20.10	1:45:41	5:15	50	32:34	173	41:26	37.30	3:16:27	5:16	3	30:36	218	1:07:11
Neuhaus/ Gewerl	15.50	1:38:14	6:20	50	33:33	180	37:51	52.80	4:54:41	5:34	3	32:38	218	1:43:52
Triniusstein	21.60	1:49:06	5:03	32	30:29	124	35:02	74.40	6:43:47	5:25	3	14:10	218	2:17:10
Allzunah	15.00	1:21:07	5:24	44	22:41	172	32:49	89.40	8:04:54	5:25	3	9:16	218	2:49:59
Grenzadler	19.80	1:53:06	5:42	50	39:03	184	43:51	109.20	9:58:00	5:28	3		218	3:28:30
Nesselberg	13.80	1:13:50	5:21	22	13:42	128	25:12	123.00	11:11:50	5:27	3		218	3:53:22
Kleiner Inselsber	13.90	1:22:02	5:54	44	26:11	173	30:50	136.90	12:33:52	5:30	3		218	4:24:12
Hohe Sonne	19.70	1:58:41	6:01	58	46:04	202	52:57	156.60	14:32:33	5:34	3	21:19	218	5:14:29
Hörschel	14.70	1:23:50	5:42	26	20:56	143	34:22	171.30	15:56:23	5:34	49	4:12:35	183	5:48:51