



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Dresdner Durchläufer

Total time: 14:57:11

Number: 148

Speed: 11.44 km/h

Running performance: 5:14 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 132 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 102(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:24:18	4:54	90	22:53	125	22:53	17.20	1:24:18	4:54	102	22:31	157	22:31
Schildwiese	20.10	1:51:12	5:31	130	46:57	193	46:57	37.30	3:15:30	5:14	102	1:06:14	157	1:06:14
Neuhaus/ Gewerl	15.50	1:29:43	5:47	100	29:20	136	29:20	52.80	4:45:13	5:24	102	1:34:24	157	1:34:24
Triniusstein	21.60	1:37:52	4:31	39	23:48	53	23:48	74.40	6:23:05	5:08	102	1:56:28	157	1:56:28
Allzunah	15.00	1:07:28	4:29	47	19:10	57	19:10	89.40	7:30:33	5:02	102	2:15:38	157	2:15:38
Grenzadler	19.80	1:46:29	5:22	111	37:14	158	37:14	109.20	9:17:02	5:06	102	2:47:32	157	2:47:32
Nesselberg	13.80	1:14:03	5:21	105	25:25	132	25:25	123.00	10:31:05	5:07	102	3:12:37	157	3:12:37
Kleiner Inselsber	13.90	1:20:30	5:47	115	29:18	161	29:18	136.90	11:51:35	5:11	102	3:41:55	157	3:41:55
Hohe Sonne	19.70	1:46:42	5:24	114	40:58	167	40:58	156.60	13:38:17	5:13	102	4:20:13	157	4:20:13
Hörschel	14.70	1:18:54	5:22	90	29:26	113	29:26	171.30	14:57:11	5:14	102	4:49:39	132	4:49:39