



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Team Rückenwind

Total time: 14:58:22

Number: 183

Speed: 11.42 km/h

Running performance: 5:14 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 133 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 103(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:23:49	4:52	86	22:24	120	22:24	17.20	1:23:49	4:52	103	22:02	158	22:02
Schildwiese	20.10	1:46:16	5:17	118	42:01	174	42:01	37.30	3:10:05	5:05	103	1:00:49	158	1:00:49
Neuhaus/ Gewerl	15.50	1:28:35	5:42	93	28:12	126	28:12	52.80	4:38:40	5:16	103	1:27:51	158	1:27:51
Triniusstein	21.60	2:07:38	5:54	133	53:34	200	53:34	74.40	6:46:18	5:27	103	2:19:41	158	2:19:41
Allzunah	15.00	1:13:42	4:54	86	25:24	115	25:24	89.40	8:00:00	5:22	103	2:45:05	158	2:45:05
Grenzadler	19.80	1:35:12	4:48	47	25:57	73	25:57	109.20	9:35:12	5:16	103	3:05:42	158	3:05:42
Nesselberg	13.80	1:10:23	5:06	75	21:45	88	21:45	123.00	10:45:35	5:14	103	3:27:07	158	3:27:07
Kleiner Inselsber	13.90	1:21:11	5:50	118	29:59	167	29:59	136.90	12:06:46	5:18	103	3:57:06	158	3:57:06
Hohe Sonne	19.70	1:32:47	4:42	63	27:03	83	27:03	156.60	13:39:33	5:14	103	4:21:29	158	4:21:29
Hörschel	14.70	1:18:49	5:21	89	29:21	112	29:21	171.30	14:58:22	5:14	103	4:50:50	133	4:50:50