



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Werragas-Plessboys

Total time: 14:59:27

Number: 216

Speed: 11.41 km/h

Running performance: 5:15 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 134 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 104(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:22:28	4:47	77	21:03	105	21:03	17.20	1:22:28	4:47	104	20:41	159	20:41
Schildwiese	20.10	1:34:24	4:41	77	30:09	110	30:09	37.30	2:56:52	4:44	104	47:36	159	47:36
Neuhaus/ Gewerl	15.50	1:25:25	5:30	78	25:02	100	25:02	52.80	4:22:17	4:58	104	1:11:28	159	1:11:28
Triniusstein	21.60	1:41:44	4:42	54	27:40	76	27:40	74.40	6:04:01	4:53	104	1:37:24	159	1:37:24
Allzunah	15.00	1:14:58	4:59	97	26:40	129	26:40	89.40	7:18:59	4:54	104	2:04:04	159	2:04:04
Grenzadler	19.80	1:35:53	4:50	52	26:38	78	26:38	109.20	8:54:52	4:53	104	2:25:22	159	2:25:22
Nesselberg	13.80	1:23:20	6:02	130	34:42	187	34:42	123.00	10:18:12	5:01	104	2:59:44	159	2:59:44
Kleiner Inselsber	13.90	1:15:04	5:24	89	23:52	117	23:52	136.90	11:33:16	5:03	104	3:23:36	159	3:23:36
Hohe Sonne	19.70	1:51:13	5:38	124	45:29	184	45:29	156.60	13:24:29	5:08	104	4:06:25	159	4:06:25
Hörschel	14.70	1:34:58	6:27	132	45:30	199	45:30	171.30	14:59:27	5:15	104	4:51:55	134	4:51:55