



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Thüringer Landespolizei

Number: 110

Course: 171.30 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 12:15:19

Speed: 13.95 km/h

Running performance: 4:17 min/km

Rank in course: 14 (of 217)

Best time in course: 10:07:32

Rank in category: 12(of 139)

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:21:33	4:44	64	20:08	90	20:08	17.20	1:21:33	4:44	12	19:46	17	19:46
Schildwiese	20.10	1:25:58	4:16	35	21:43	48	21:43	37.30	2:47:31	4:29	12	38:15	17	38:15
Neuhaus/ Gewerl	15.50	1:14:09	4:47	32	13:46	35	13:46	52.80	4:01:40	4:34	12	50:51	17	50:51
Triniusstein	21.60	1:38:34	4:33	42	24:30	57	24:30	74.40	5:40:14	4:34	12	1:13:37	17	1:13:37
Allzunah	15.00	1:03:10	4:12	23	14:52	24	14:52	89.40	6:43:24	4:30	12	1:28:29	17	1:28:29
Grenzadler	19.80	1:21:19	4:06	9	12:04	13	12:04	109.20	8:04:43	4:26	12	1:35:13	17	1:35:13
Nesselberg	13.80	58:20	4:13	15	9:42	15	9:42	123.00	9:03:03	4:24	12	1:44:35	17	1:44:35
Kleiner Inselsber	13.90	56:43	4:04	9	5:31	10	5:31	136.90	9:59:46	4:22	12	1:50:06	17	1:50:06
Hohe Sonne	19.70	1:11:15	3:37	5	5:31	5	5:31	156.60	11:11:01	4:17	12	1:52:57	17	1:52:57
Hörschel	14.70	1:04:18	4:22	14	14:50	17	14:50	171.30	12:15:19	4:17	12	2:07:47	14	2:07:47