



12. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Wehrbereichskommando III

Total time: 15:08:23

Number: 211

Speed: 11.29 km/h

Running performance: 5:18 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 143 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 111(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:21:54	4:45	71	20:29	98	20:29	17.20	1:21:54	4:45	111	20:07	170	20:07
Schildwiese	20.10	1:41:20	5:02	101	37:05	148	37:05	37.30	3:03:14	4:54	111	53:58	170	53:58
Neuhaus/ Gewerl	15.50	1:27:49	5:39	89	27:26	120	27:26	52.80	4:31:03	5:08	111	1:20:14	170	1:20:14
Triniusstein	21.60	2:25:42	6:44	137	1:11:38	213	1:11:38	74.40	6:56:45	5:36	111	2:30:08	170	2:30:08
Allzunah	15.00	1:06:44	4:26	42	18:26	50	18:26	89.40	8:03:29	5:24	111	2:48:34	170	2:48:34
Grenzadler	19.80	1:37:50	4:56	65	28:35	98	28:35	109.20	9:41:19	5:19	111	3:11:49	170	3:11:49
Nesselberg	13.80	1:16:56	5:34	116	28:18	153	28:18	123.00	10:58:15	5:21	111	3:39:47	170	3:39:47
Kleiner Inselsber	13.90	1:06:00	4:44	42	14:48	45	14:48	136.90	12:04:15	5:17	111	3:54:35	170	3:54:35
Hohe Sonne	19.70	1:32:48	4:42	64	27:04	84	27:04	156.60	13:37:03	5:13	111	4:18:59	170	4:18:59
Hörschel	14.70	1:31:20	6:12	125	41:52	183	41:52	171.30	15:08:23	5:18	111	5:00:51	143	5:00:51