



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

tête de la course

Number: 223

Course: 171.30 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 15:14:59

Speed: 11.21 km/h

Running performance: 5:20 min/km

Rank in course: 152 (of 217)

Best time in course: 10:07:32

Rank in category: 115(of 139)

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:18:12	4:32	46	16:47	61	16:47	17.20	1:18:12	4:32	115	16:25	174	16:25
Schildwiese	20.10	1:41:51	5:04	103	37:36	150	37:36	37.30	3:00:03	4:49	115	50:47	174	50:47
Neuhaus/ Gewerl	15.50	2:00:10	7:45	137	59:47	213	59:47	52.80	5:00:13	5:41	115	1:49:24	174	1:49:24
Triniusstein	21.60	1:46:06	4:54	74	32:02	102	32:02	74.40	6:46:19	5:27	115	2:19:42	174	2:19:42
Allzunah	15.00	1:08:21	4:33	51	20:03	62	20:03	89.40	7:54:40	5:18	115	2:39:45	174	2:39:45
Grenzadler	19.80	1:48:37	5:29	119	39:22	170	39:22	109.20	9:43:17	5:20	115	3:13:47	174	3:13:47
Nesselberg	13.80	1:18:12	5:40	119	29:34	160	29:34	123.00	11:01:29	5:22	115	3:43:01	174	3:43:01
Kleiner Inselsber	13.90	1:13:15	5:16	81	22:03	99	22:03	136.90	12:14:44	5:22	115	4:05:04	174	4:05:04
Hohe Sonne	19.70	1:49:59	5:34	121	44:15	181	44:15	156.60	14:04:43	5:23	115	4:46:39	174	4:46:39
Hörschel	14.70	1:10:16	4:46	40	20:48	49	20:48	171.30	15:14:59	5:20	115	5:07:27	152	5:07:27