



# 12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

## Detailed evaluation

Schwabenpfeil

Total time: 13:21:27

Number: 60

Speed: 12.80 km/h

Running performance: 4:41 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 38 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 6(of 66)

Mixstaffel

Best time in the category: 11:43:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:14:28	4:19	9	6:56	39	13:03	17.20	1:14:28	4:19	46		218	12:41
Schildwiese	20.10	1:26:45	4:18	14	13:38	52	22:30	37.30	2:41:13	4:19	46		218	31:57
Neuhaus/ Gewerl	15.50	1:22:28	5:19	16	17:47	77	22:05	52.80	4:03:41	4:36	46		218	52:52
Triniusstein	21.60	1:41:18	4:41	19	22:41	72	27:14	74.40	5:44:59	4:38	46		218	1:18:22
Allzunah	15.00	1:05:47	4:23	5	7:21	43	17:29	89.40	6:50:46	4:35	46		218	1:35:51
Grenzadler	19.80	1:30:53	4:35	16	16:50	44	21:38	109.20	8:21:39	4:35	46		218	1:52:09
Nesselberg	13.80	1:07:44	4:54	6	7:36	67	19:06	123.00	9:29:23	4:37	46		218	2:10:55
Kleiner Inselsber	13.90	1:05:52	4:44	3	10:01	44	14:40	136.90	10:35:15	4:38	46		218	2:25:35
Hohe Sonne	19.70	1:31:02	4:37	17	18:25	64	25:18	156.60	12:06:17	4:38	46		218	2:48:13
Hörschel	14.70	1:15:10	5:06	14	12:16	82	25:42	171.30	13:21:27	4:40	6	1:37:39	38	3:13:55