



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

GutsMuths-Rennsteiglaufverein II

Total time: 16:30:55

Number: 21

Speed: 10.37 km/h

Running performance: 5:47 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 200 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 55(of 66)

Mixstaffel

Best time in the category: 11:43:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:19:43	4:38	17	12:11	75	18:18	17.20	1:19:43	4:38	22		200	17:56
Schildwiese	20.10	1:47:09	5:19	51	34:02	177	42:54	37.30	3:06:52	5:00	22	21:01	218	57:36
Neuhaus/ Gewerl	15.50	1:40:20	6:28	53	35:39	189	39:57	52.80	4:47:12	5:26	22	25:09	218	1:36:23
Triniusstein	21.60	1:52:38	5:12	37	34:01	143	38:34	74.40	6:39:50	5:22	22	10:13	218	2:13:13
Allzunah	15.00	1:31:38	6:06	61	33:12	208	43:20	89.40	8:11:28	5:29	22	15:50	218	2:56:33
Grenzadler	19.80	1:48:32	5:28	44	34:29	169	39:17	109.20	10:00:00	5:29	22	1:01	218	3:30:30
Nesselberg	13.80	1:15:57	5:30	30	15:49	147	27:19	123.00	11:15:57	5:29	22	1:04	218	3:57:29
Kleiner Inselsber	13.90	1:37:34	7:01	65	41:43	216	46:22	136.90	12:53:31	5:39	22	17:30	218	4:43:51
Hohe Sonne	19.70	2:11:04	6:39	64	58:27	213	1:05:20	156.60	15:04:35	5:46	22	53:21	218	5:46:31
Hörschel	14.70	1:26:20	5:52	35	23:26	160	36:52	171.30	16:30:55	5:47	55	4:47:07	200	6:23:23