



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Bosch Rexroth 2

Total time: 16:30:42

Number: 190

Speed: 10.36 km/h

Running performance: 5:47 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 199 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 138(of 139)

Männerstaffel

Best time in the category: 10:07:32

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach | 17.20 | 1:40:02 | 5:48 | 133 | 38:37 | 200 | 38:37 | 17.20 | 1:40:02 | 5:48 | 140 | 38:15 | 218 | 38:15 |
| Schildwiese | 20.10 | 2:02:37 | 6:06 | 138 | 58:22 | 209 | 58:22 | 37.30 | 3:42:39 | 5:58 | 140 | 1:33:23 | 218 | 1:33:23 |
| Neuhaus/ Gewerl | 15.50 | 1:46:55 | 6:53 | 133 | 46:32 | 201 | 46:32 | 52.80 | 5:29:34 | 6:14 | 140 | 2:18:45 | 218 | 2:18:45 |
| Triniusstein | 21.60 | 1:45:49 | 4:53 | 73 | 31:45 | 101 | 31:45 | 74.40 | 7:15:23 | 5:51 | 140 | 2:48:46 | 218 | 2:48:46 |
| Allzunah | 15.00 | 1:12:37 | 4:50 | 77 | 24:19 | 100 | 24:19 | 89.40 | 8:28:00 | 5:40 | 140 | 3:13:05 | 218 | 3:13:05 |
| Grenzadler | 19.80 | 1:44:34 | 5:16 | 103 | 35:19 | 148 | 35:19 | 109.20 | 10:12:34 | 5:36 | 140 | 3:43:04 | 218 | 3:43:04 |
| Nesselberg | 13.80 | 1:37:12 | 7:02 | 139 | 48:34 | 215 | 48:34 | 123.00 | 11:49:46 | 5:46 | 140 | 4:31:18 | 218 | 4:31:18 |
| Kleiner Inselsber | 13.90 | 1:15:55 | 5:27 | 95 | 24:43 | 125 | 24:43 | 136.90 | 13:05:41 | 5:44 | 140 | 4:56:01 | 218 | 4:56:01 |
| Hohe Sonne | 19.70 | 2:02:38 | 6:13 | 136 | 56:54 | 207 | 56:54 | 156.60 | 15:08:19 | 5:48 | 140 | 5:50:15 | 218 | 5:50:15 |
| Hörschel | 14.70 | 1:22:23 | 5:36 | 104 | 32:55 | 133 | 32:55 | 171.30 | 16:30:42 | 5:47 | 138 | 6:23:10 | 199 | 6:23:10 |