



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Erfurter Uni-Kate

Total time: 16:32:09

Number: 33

Speed: 10.34 km/h

Running performance: 5:47 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 201 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 56(of 66)

Mixstaffel

Best time in the category: 11:43:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:18:40	4:34	15	11:08	66	17:15	17.20	1:18:40	4:34	23		218	16:53
Schildwiese	20.10	1:50:38	5:30	55	37:31	190	46:23	37.30	3:09:18	5:04	23	23:27	218	1:00:02
Neuhaus/ Gewerl	15.50	1:22:37	5:19	18	17:56	80	22:14	52.80	4:31:55	5:08	23	9:52	162	1:21:06
Triniusstein	21.60	2:17:14	6:21	63	58:37	208	1:03:10	74.40	6:49:09	5:29	23	19:32	218	2:22:32
Allzunah	15.00	1:24:03	5:36	51	25:37	188	35:45	89.40	8:13:12	5:31	23	17:34	218	2:58:17
Grenzadler	19.80	1:46:01	5:21	41	31:58	156	36:46	109.20	9:59:13	5:29	23	0:14	218	3:29:43
Nesselberg	13.80	1:32:29	6:42	62	32:21	211	43:51	123.00	11:31:42	5:37	23	16:49	218	4:13:14
Kleiner Inselsber	13.90	1:22:06	5:54	45	26:15	174	30:54	136.90	12:53:48	5:39	23	17:47	218	4:44:08
Hohe Sonne	19.70	2:12:40	6:44	65	1:00:03	215	1:06:56	156.60	15:06:28	5:47	23	55:14	218	5:48:24
Hörschel	14.70	1:25:41	5:49	33	22:47	157	36:13	171.30	16:32:09	5:47	56	4:48:21	201	6:24:37