



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Windstopper

Total time: 16:33:21

Number: 8

Speed: 10.33 km/h

Running performance: 5:48 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 203 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 8(of 12)

Frauenstaffel

Best time in the category: 13:40:55

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach | 17.20 | 1:43:17 | 6:00 | 9 | 28:41 | 205 | 41:52 | 17.20 | 1:43:17 | 6:00 | 8 | 24:26 | 218 | 41:30 |
| Schildwiese | 20.10 | 1:56:55 | 5:49 | 10 | 27:48 | 202 | 52:40 | 37.30 | 3:40:12 | 5:54 | 8 | 51:19 | 218 | 1:30:56 |
| Neuhaus/ Gewerl | 15.50 | 1:32:10 | 5:56 | 4 | 11:47 | 148 | 31:47 | 52.80 | 5:12:22 | 5:54 | 8 | 46:42 | 218 | 2:01:33 |
| Triniusstein | 21.60 | 2:07:30 | 5:54 | 8 | 35:44 | 198 | 53:26 | 74.40 | 7:19:52 | 5:54 | 8 | 1:22:26 | 218 | 2:53:15 |
| Allzunah | 15.00 | 1:24:02 | 5:36 | 7 | 17:18 | 187 | 35:44 | 89.40 | 8:43:54 | 5:51 | 8 | 1:39:44 | 218 | 3:28:59 |
| Grenzadler | 19.80 | 1:40:30 | 5:04 | 3 | 6:37 | 123 | 31:15 | 109.20 | 10:24:24 | 5:43 | 8 | 1:38:59 | 218 | 3:54:54 |
| Nesselberg | 13.80 | 1:22:46 | 5:59 | 7 | 18:21 | 182 | 34:08 | 123.00 | 11:47:10 | 5:44 | 8 | 1:56:09 | 218 | 4:28:42 |
| Kleiner Inselsber | 13.90 | 1:23:30 | 6:00 | 9 | 15:24 | 182 | 32:18 | 136.90 | 13:10:40 | 5:46 | 8 | 2:11:33 | 218 | 5:01:00 |
| Hohe Sonne | 19.70 | 1:56:51 | 5:55 | 10 | 30:35 | 197 | 51:07 | 156.60 | 15:07:31 | 5:47 | 8 | 2:33:53 | 218 | 5:49:27 |
| Hörschel | 14.70 | 1:25:50 | 5:50 | 9 | 18:33 | 158 | 36:22 | 171.30 | 16:33:21 | 5:47 | 8 | 2:52:26 | 203 | 6:25:49 |