



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Windstopper

Total time: 16:33:21

Number: 8

Speed: 10.33 km/h

Running performance: 5:48 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 203 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 8(of 12)

Frauenstaffel

Best time in the category: 13:40:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:43:17	6:00	9	28:41	205	41:52	17.20	1:43:17	6:00	8	24:26	218	41:30
Schildwiese	20.10	1:56:55	5:49	10	27:48	202	52:40	37.30	3:40:12	5:54	8	51:19	218	1:30:56
Neuhaus/ Gewerl	15.50	1:32:10	5:56	4	11:47	148	31:47	52.80	5:12:22	5:54	8	46:42	218	2:01:33
Triniusstein	21.60	2:07:30	5:54	8	35:44	198	53:26	74.40	7:19:52	5:54	8	1:22:26	218	2:53:15
Allzunah	15.00	1:24:02	5:36	7	17:18	187	35:44	89.40	8:43:54	5:51	8	1:39:44	218	3:28:59
Grenzadler	19.80	1:40:30	5:04	3	6:37	123	31:15	109.20	10:24:24	5:43	8	1:38:59	218	3:54:54
Nesselberg	13.80	1:22:46	5:59	7	18:21	182	34:08	123.00	11:47:10	5:44	8	1:56:09	218	4:28:42
Kleiner Inselsber	13.90	1:23:30	6:00	9	15:24	182	32:18	136.90	13:10:40	5:46	8	2:11:33	218	5:01:00
Hohe Sonne	19.70	1:56:51	5:55	10	30:35	197	51:07	156.60	15:07:31	5:47	8	2:33:53	218	5:49:27
Hörschel	14.70	1:25:50	5:50	9	18:33	158	36:22	171.30	16:33:21	5:47	8	2:52:26	203	6:25:49