



# 12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

## Detailed evaluation

Laufrausch

Total time: 16:34:38

Number: 76

Speed: 10.32 km/h

Running performance: 5:49 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 204 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 58(of 66)

Mixstaffel

Best time in the category: 11:43:48

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Total	Behind Total	km	Time			min/km	Pos Total	Behind Total
Grumbach	17.20	1:22:00	4:46	26	14:28	99	20:35	17.20	1:22:00	4:46	25		218	20:13
Schildwiese	20.10	2:05:24	6:14	62	52:17	212	1:01:09	37.30	3:27:24	5:33	25	41:33	218	1:18:08
Neuhaus/ Gewerl	15.50	1:50:49	7:08	62	46:08	207	50:26	52.80	5:18:13	6:01	25	56:10	218	2:07:24
Triniusstein	21.60	2:43:34	7:34	66	1:24:57	217	1:29:30	74.40	8:01:47	6:28	25	1:32:10	218	3:35:10
Allzunah	15.00	1:11:52	4:47	19	13:26	93	23:34	89.40	9:13:39	6:11	25	1:18:01	218	3:58:44
Grenzadler	19.80	1:36:42	4:53	27	22:39	87	27:27	109.20	10:50:21	5:57	25	51:22	218	4:20:51
Nesselberg	13.80	1:22:56	6:00	48	22:48	183	34:18	123.00	12:13:17	5:57	25	58:24	218	4:54:49
Kleiner Inselsber	13.90	1:21:03	5:49	41	25:12	165	29:51	136.90	13:34:20	5:56	25	58:19	218	5:24:40
Hohe Sonne	19.70	1:42:46	5:12	43	30:09	152	37:02	156.60	15:17:06	5:51	25	1:05:52	218	5:59:02
Hörschel	14.70	1:17:32	5:16	17	14:38	101	28:04	171.30	16:34:38	5:48	58	4:50:50	204	6:27:06