



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Touristiker

Total time: 16:26:03

Number: 108

Speed: 10.41 km/h

Running performance: 5:46 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 197 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 136(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:40:49	5:51	134	39:24	202	39:24	17.20	1:40:49	5:51	121	39:02	187	39:02
Schildwiese	20.10	2:00:16	5:59	137	56:01	205	56:01	37.30	3:41:05	5:55	121	1:31:49	187	1:31:49
Neuhaus/ Gewerl	15.50	2:04:39	8:02	138	1:04:16	215	1:04:16	52.80	5:45:44	6:32	121	2:34:55	187	2:34:55
Triniusstein	21.60	1:44:33	4:50	70	30:29	96	30:29	74.40	7:30:17	6:03	121	3:03:40	187	3:03:40
Allzunah	15.00	1:20:15	5:20	123	31:57	169	31:57	89.40	8:50:32	5:56	121	3:35:37	187	3:35:37
Grenzadler	19.80	2:00:50	6:06	135	51:35	200	51:35	109.20	10:51:22	5:57	121	4:21:52	187	4:21:52
Nesselberg	13.80	1:19:40	5:46	123	31:02	169	31:02	123.00	12:11:02	5:56	121	4:52:34	187	4:52:34
Kleiner Inselsber	13.90	1:15:50	5:27	94	24:38	123	24:38	136.90	13:26:52	5:53	121	5:17:12	187	5:17:12
Hohe Sonne	19.70	1:40:05	5:04	94	34:21	133	34:21	156.60	15:06:57	5:47	121	5:48:53	187	5:48:53
Hörschel	14.70	1:19:06	5:22	91	29:38	114	29:38	171.30	16:26:03	5:45	136	6:18:31	197	6:18:31