



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Die phantastischen 10

Number: 57

Course: 171.30 km
Blankenstein-Hörschel

Category:
Mixstaffel

Total time: 16:44:24

Speed: 10.22 km/h

Running performance: 5:52 min/km

Rank in course: 207 (of 217)

Best time in course: 10:07:32

Rank in category: 61(of 66)

Best time in the category: 11:43:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:37:25	5:39	60	29:53	194	36:00	17.20	1:37:25	5:39	28	13:05	218	35:38
Schildwiese	20.10	1:59:17	5:56	57	46:10	203	55:02	37.30	3:36:42	5:48	28	50:51	218	1:27:26
Neuhaus/ Gewerl	15.50	1:26:09	5:33	23	21:28	107	25:46	52.80	5:02:51	5:44	28	40:48	218	1:52:02
Triniusstein	21.60	1:59:41	5:32	50	41:04	175	45:37	74.40	7:02:32	5:40	28	32:55	218	2:35:55
Allzunah	15.00	1:06:18	4:25	8	7:52	48	18:00	89.40	8:08:50	5:28	28	13:12	218	2:53:55
Grenzadler	19.80	2:00:24	6:04	56	46:21	199	51:09	109.20	10:09:14	5:34	28	10:15	218	3:39:44
Nesselberg	13.80	1:20:39	5:50	42	20:31	171	32:01	123.00	11:29:53	5:36	28	15:00	218	4:11:25
Kleiner Inselsber	13.90	1:36:13	6:55	63	40:22	211	45:01	136.90	13:06:06	5:44	28	30:05	218	4:56:26
Hohe Sonne	19.70	2:02:45	6:13	61	50:08	208	57:01	156.60	15:08:51	5:48	28	57:37	218	5:50:47
Hörschel	14.70	1:35:33	6:30	58	32:39	201	46:05	171.30	16:44:24	5:51	61	5:00:36	207	6:36:52