



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

mdr1

Total time: 15:52:58

Number: 14

Speed: 10.77 km/h

Running performance: 5:34 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 178 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 126(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:25:44	4:59	103	24:19	140	24:19	17.20	1:25:44	4:59	128	23:57	197	23:57
Schildwiese	20.10	1:55:18	5:44	135	51:03	200	51:03	37.30	3:21:02	5:23	128	1:11:46	197	1:11:46
Neuhaus/ Gewerl	15.50	1:48:39	7:00	135	48:16	204	48:16	52.80	5:09:41	5:51	128	1:58:52	197	1:58:52
Triniusstein	21.60	1:55:58	5:22	112	41:54	159	41:54	74.40	7:05:39	5:43	128	2:39:02	197	2:39:02
Allzunah	15.00	1:25:25	5:41	131	37:07	193	37:07	89.40	8:31:04	5:42	128	3:16:09	197	3:16:09
Grenzadler	19.80	1:31:29	4:37	32	22:14	48	22:14	109.20	10:02:33	5:31	128	3:33:03	197	3:33:03
Nesselberg	13.80	1:05:51	4:46	47	17:13	52	17:13	123.00	11:08:24	5:26	128	3:49:56	197	3:49:56
Kleiner Inselsber	13.90	1:23:14	5:59	124	32:02	179	32:02	136.90	12:31:38	5:29	128	4:21:58	197	4:21:58
Hohe Sonne	19.70	1:56:52	5:55	132	51:08	198	51:08	156.60	14:28:30	5:32	128	5:10:26	197	5:10:26
Hörschel	14.70	1:24:28	5:44	113	35:00	147	35:00	171.30	15:52:58	5:33	126	5:45:26	178	5:45:26