



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

LG Frauenwald 2

Number: 202

Course: 171.30 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 15:55:52

Speed: 10.73 km/h

Running performance: 5:35 min/km

Rank in course: 181 (of 217)

Best time in course: 10:07:32

Rank in category: 127(of 139)

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:24:37	4:55	94	23:12	130	23:12	17.20	1:24:37	4:55	130	22:50	199	22:50
Schildwiese	20.10	1:37:40	4:51	89	33:25	134	33:25	37.30	3:02:17	4:53	130	53:01	199	53:01
Neuhaus/ Gewerl	15.50	1:47:23	6:55	134	47:00	202	47:00	52.80	4:49:40	5:29	130	1:38:51	199	1:38:51
Triniusstein	21.60	1:58:26	5:28	116	44:22	167	44:22	74.40	6:48:06	5:29	130	2:21:29	199	2:21:29
Allzunah	15.00	1:17:43	5:10	117	29:25	156	29:25	89.40	8:05:49	5:26	130	2:50:54	199	2:50:54
Grenzadler	19.80	1:53:17	5:43	127	44:02	185	44:02	109.20	9:59:06	5:29	130	3:29:36	199	3:29:36
Nesselberg	13.80	1:10:15	5:05	74	21:37	86	21:37	123.00	11:09:21	5:26	130	3:50:53	199	3:50:53
Kleiner Inselsber	13.90	1:16:47	5:31	99	25:35	132	25:35	136.90	12:26:08	5:27	130	4:16:28	199	4:16:28
Hohe Sonne	19.70	1:48:28	5:30	118	42:44	176	42:44	156.60	14:14:36	5:27	130	4:56:32	199	4:56:32
Hörschel	14.70	1:41:16	6:53	137	51:48	209	51:48	171.30	15:55:52	5:34	127	5:48:20	181	5:48:20