



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

Lauf- und Kriechgesellschaft

Total time: 16:12:02

Number: 201

Speed: 10.56 km/h

Running performance: 5:40 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 191 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 132(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:31:23	5:18	120	29:58	172	29:58	17.20	1:31:23	5:18	132	29:36	201	29:36
Schildwiese	20.10	1:54:33	5:41	132	50:18	197	50:18	37.30	3:25:56	5:31	132	1:16:40	201	1:16:40
Neuhaus/ Gewerl	15.50	1:27:52	5:40	90	27:29	121	27:29	52.80	4:53:48	5:33	132	1:42:59	201	1:42:59
Triniusstein	21.60	2:31:12	6:59	139	1:17:08	216	1:17:08	74.40	7:25:00	5:58	132	2:58:23	201	2:58:23
Allzunah	15.00	1:07:14	4:28	46	18:56	55	18:56	89.40	8:32:14	5:43	132	3:17:19	201	3:17:19
Grenzadler	19.80	1:43:48	5:14	99	34:33	144	34:33	109.20	10:16:02	5:38	132	3:46:32	201	3:46:32
Nesselberg	13.80	1:13:13	5:18	98	24:35	121	24:35	123.00	11:29:15	5:36	132	4:10:47	201	4:10:47
Kleiner Inselsber	13.90	1:33:39	6:44	135	42:27	206	42:27	136.90	13:02:54	5:43	132	4:53:14	201	4:53:14
Hohe Sonne	19.70	1:55:45	5:52	131	50:01	195	50:01	156.60	14:58:39	5:44	132	5:40:35	201	5:40:35
Hörschel	14.70	1:13:23	4:59	58	23:55	71	23:55	171.30	16:12:02	5:40	132	6:04:30	191	6:04:30