



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

PDV Power Runners II

Total time: 16:03:44

Number: 43

Speed: 10.65 km/h

Running performance: 5:38 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 187 (of 217)

Best time in course: 10:07:32

Category:

Rank in category: 130(of 139)

Männerstaffel

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:32:37	5:23	125	31:12	179	31:12	17.20	1:32:37	5:23	134	30:50	204	30:50
Schildwiese	20.10	1:48:01	5:22	123	43:46	181	43:46	37.30	3:20:38	5:22	134	1:11:22	204	1:11:22
Neuhaus/ Gewerl	15.50	1:32:19	5:57	108	31:56	150	31:56	52.80	4:52:57	5:32	134	1:42:08	204	1:42:08
Triniusstein	21.60	2:03:17	5:42	129	49:13	190	49:13	74.40	6:56:14	5:35	134	2:29:37	204	2:29:37
Allzunah	15.00	1:16:00	5:03	106	27:42	139	27:42	89.40	8:12:14	5:30	134	2:57:19	204	2:57:19
Grenzadler	19.80	1:50:50	5:35	124	41:35	177	41:35	109.20	10:03:04	5:31	134	3:33:34	204	3:33:34
Nesselberg	13.80	1:24:43	6:08	134	36:05	195	36:05	123.00	11:27:47	5:35	134	4:09:19	204	4:09:19
Kleiner Inselsber	13.90	1:19:57	5:45	111	28:45	153	28:45	136.90	12:47:44	5:36	134	4:38:04	204	4:38:04
Hohe Sonne	19.70	1:50:48	5:37	122	45:04	182	45:04	156.60	14:38:32	5:36	134	5:20:28	204	5:20:28
Hörschel	14.70	1:25:12	5:47	115	35:44	152	35:44	171.30	16:03:44	5:37	130	5:56:12	187	5:56:12