



# 12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

## Detailed evaluation

Die flinken Gerataler

Number: 153

Course: 171.30 km  
Blankenstein-Hörschel

Category:  
Männerstaffel

Total time: 16:28:29

Speed: 10.38 km/h  
Running performance: 5:46 min/km

Rank in course: 198 (of 217)

Best time in course: 10:07:32

Rank in category: 137(of 139)

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:36:29	5:36	130	35:04	189	35:04	17.20	1:36:29	5:36	136	34:42	208	34:42
Schildwiese	20.10	1:43:16	5:08	110	39:01	163	39:01	37.30	3:19:45	5:21	136	1:10:29	208	1:10:29
Neuhaus/ Gewerl	15.50	1:43:57	6:42	131	43:34	196	43:34	52.80	5:03:42	5:45	136	1:52:53	208	1:52:53
Triniusstein	21.60	2:06:46	5:52	131	52:42	195	52:42	74.40	7:10:28	5:47	136	2:43:51	208	2:43:51
Allzunah	15.00	1:37:20	6:29	139	49:02	213	49:02	89.40	8:47:48	5:54	136	3:32:53	208	3:32:53
Grenzadler	19.80	1:32:15	4:39	35	23:00	53	23:00	109.20	10:20:03	5:40	136	3:50:33	208	3:50:33
Nesselberg	13.80	1:35:25	6:54	138	46:47	214	46:47	123.00	11:55:28	5:49	136	4:37:00	208	4:37:00
Kleiner Inselsber	13.90	1:34:06	6:46	136	42:54	207	42:54	136.90	13:29:34	5:54	136	5:19:54	208	5:19:54
Hohe Sonne	19.70	1:24:31	4:17	21	18:47	30	18:47	156.60	14:54:05	5:42	136	5:36:01	208	5:36:01
Hörschel	14.70	1:34:24	6:25	131	44:56	194	44:56	171.30	16:28:29	5:46	137	6:20:57	198	6:20:57