



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

Detailed evaluation

LG Frauenwald 3

Number: 82

Course: 171.30 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 12:30:40

Speed: 13.67 km/h

Running performance: 4:23 min/km

Rank in course: 17 (of 217)

Best time in course: 10:07:32

Rank in category: 14(of 139)

Best time in the category: 10:07:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:15:19	4:22	33	13:54	43	13:54	17.20	1:15:19	4:22	14	13:32	21	13:32
Schildwiese	20.10	1:28:26	4:23	43	24:11	58	24:11	37.30	2:43:45	4:23	14	34:29	21	34:29
Neuhaus/ Gewerl	15.50	1:08:23	4:24	13	8:00	15	8:00	52.80	3:52:08	4:23	14	41:19	21	41:19
Triniusstein	21.60	1:27:18	4:02	12	13:14	18	13:14	74.40	5:19:26	4:17	14	52:49	21	52:49
Allzunah	15.00	1:02:38	4:10	22	14:20	23	14:20	89.40	6:22:04	4:16	14	1:07:09	21	1:07:09
Grenzadler	19.80	1:31:32	4:37	33	22:17	49	22:17	109.20	7:53:36	4:20	14	1:24:06	21	1:24:06
Nesselberg	13.80	1:01:09	4:25	19	12:31	20	12:31	123.00	8:54:45	4:20	14	1:36:17	21	1:36:17
Kleiner Inselsber	13.90	1:08:21	4:55	53	17:09	61	17:09	136.90	10:03:06	4:24	14	1:53:26	21	1:53:26
Hohe Sonne	19.70	1:25:11	4:19	23	19:27	33	19:27	156.60	11:28:17	4:23	14	2:10:13	21	2:10:13
Hörschel	14.70	1:02:23	4:14	12	12:55	12	12:55	171.30	12:30:40	4:22	14	2:23:08	17	2:23:08